

Optional Practical Training (OPT)

12-Month OPT

(Updated 09-19-2022)

Definition of Optional Practical Training (OPT)

An F-1 student may apply to USCIS for authorization for temporary employment for practical training directly related to the student's major area of study. The student may not begin OPT until the date indicated on his or her employment authorization document. [8 CFR 214.2(f)(10)(ii)(A)]

Eligibility Requirements and Things to Think About

Eligibility requirements	Practical Training may be authorized to an F-1 student who has been lawfully enrolled on a full-time basis for one full academic year.
Location	Student may work anywhere in the USA for the duration of OPT.
Duration & hours per week	Cumulative maximum of 12 months per educational level. Required to work at least 20 hours per week. Student may work 40 hours per week.
Field/level of work	Position must be in student's major field of study.
Offer of Employment	No offer of employment is required, but a student is expected to work or be actively seeking employment after the OPT EAD (Employment Authorization Document) is issued. However, unemployment after the EAD start date is restricted.
Effect on other work	A student who completed 12 months or more of full-time CPT is not eligible for OPT.
Deadlines for Submitting OPT Application to USCIS	The student must properly file his or her OPT application to USCIS up to 90 days prior to his or her program end date and no later than 60 days after his or her program end date.
Start date of the EAD	The effective start date of the EAD will be either the date employment is scheduled to begin (as listed on page 3 of the I-20), <u>or</u> the date the EAD is issued, whichever occurs later .
Approval process	Student must apply for and receive an EAD from USCIS with assistance of ISSS before work begins.

Reporting Employment/Volunteer Opportunities to ISSS while on OPT

Situation	Information
Employed by one employer	Provide the employer's name and address
Multiple employers	List all employer's names and addresses, indicate which employer is the primary employer
Self-employed	Indicate that the student is self-employed and give the business address (which can be the same as the personal address)
Not currently employed	Indicate "none" for the employer
Volunteering in field of study	Provide volunteer position title, name of organization and address
Students with performing arts degrees who have multiple short-term gigs	Indicate "self-employed performing arts student". Provide list of gigs on a regular basis or if working for an agency, list the agency as "employer" and provide address

Restrictions on Unemployment:

For students on 12-Month OPT, F-1 status is now dependent upon employment. Students cannot be unemployed for more than an aggregate of 90 days while on OPT in order to maintain F-1 status. If students do not have a job, please contact ISSS for an appointment.

Final Considerations:

- Are still considered in F-1 status during the period of employment.
- Cannot work on-campus after the new end date of the I-20.
- Need to update ISSS regarding any changes of mailing address or name changes.
- Need to update ISSS regarding any changes in employment/employer.
- Need to request a travel signature before leaving the USA
- Has a 60-day grace period at the completion of OPT.
- If students use the 90-days of unemployment, there is no grace period.
- Graduates of STEM programs may be able to extend the EAD card for an additional 24 months of OPT if students meet the extension eligibility requirements and apply in a timely fashion. Contact an International Services Specialist for details.
- If they transfer to another school or begin study at another educational level, they can no longer use their work authorization or engage in practical training employment.
- MUST give an address on OPT application where they can receive the I-797 or they will not get the USCIS Receipt # which is necessary to correspond about the status of the application.
- Correspondence from U.S. Department of Homeland Security will not be forwarded. To change the address with USCIS while the application is pending, visit this website: <https://egov.uscis.gov/crisgwi/go?action=coa>.
- PLEASE CONSULT WITH A CPA KNOWLEDGEABLE IN NONRESIDENT TAXES AS OPT MAY AFFECT YOUR TAXES.

HOW TO APPLY FOR 12-Month Post-Completion OPT

Step 1: Complete Online OPT Eligibility Course (Final Quiz must be 100%)

- To complete this course at your own pace, you can sign up here: [OPT Eligibility Course](#)
- To receive credit your final quiz must be 100%

Step 2: Make a request in MyISSS: <http://isss.cu.edu/>

Step 3: Receive I-20 within 10 Business Days of COMPLETE Request

Step 4: Apply to USCIS

Application Options

Students have the option of applying ONLINE through myUSCIS OR completing the paper I-765 and mailing their documents to USCIS.

To prevent delays related to mailing documents, we encourage student to apply online. The sections below go through essential information about both methods.

Applying Online through myUSCIS

Step One: After you receive your OPT I-20, create a myUSCIS account at https://myaccount.uscis.gov/users/sign_up.

Step Two: Once you are logged into your myUSCIS account, click on "File a form online."

Step Three: Select "I-765, Application for Employment Authorization" from the list of forms and then click "Start form."

Step Four: Review the application instructions and then click "Next".

Step Five: Review the additional instructions and then click "Start."

Step Six: Select "c(3)(B) Student Post-Completion OPT" and then click "Next".

Step Seven: Complete the Getting Started and About You sections.

Step Eight: In the Evidence section, provide a 2x2 passport-style photo of yourself. Please use the Department of State's [photo composition tool](#) to ensure that your photo meets the requirements.

Step Nine: Upload a copy of [your most recent I-94](#). Make sure to provide the page with your name, class of admission, and last date of entry.

Step Ten: If you have a previous EAD card, please upload it on the "Employment Authorization Document or Government ID" page. If you do not have previous EAD, please upload a copy of the biographical page of your passport.

Step Eleven: If you have used previous CPT or OPT, please upload copies of your CPT and OPT I-20s on the "Previously Authorized CPT or OPT" page.

Step Twelve: Please upload your recent I-20 with the OPT Recommendation on the "Form I-20" page.

Step Thirteen: If you need to provide additional information about any question or your application in general, you can provide it in the “Additional Information” section. Click the “Add a response” button to create a box to enter the additional information.

Step Fourteen: After you have completed all of the sections of the application and uploaded all of the required documents, review your application. In the “Review and Submit” section, it will indicate any **required questions** that you have missed. However, it will **not** highlight missing evidence.

Step Fifteen: Review the application summary to catch any final mistakes or missing information. Click the “View draft snapshot” to download a copy of your application. Then, click “Next.”

Step Sixteen: Agree to the Applicant’s statement. Then click “Next.”

Step Seventeen: Read the Applicant’s Declaration and Certification. Agree to the conditions by checking the box. Type your name in the box provided to sign the application. Then click “Next.”

Step Eighteen: You are now ready to pay the application fee. **Once you pay the application fee, you cannot edit anything on your OPT application.** If you are ready to pay, read the instructions and then click “Pay and submit.”

Step Nineteen: You will be taken to Pay.Gov to pay. You have two payment options: debit/credit card or bank account withdrawal (ACH). For the bank account withdrawal, please have the account number and routing number for your U.S. bank account. **To prevent issues with your application, please make sure to pay for your application fee at least 24 hours before any OPT deadlines.**

Step Twenty: After your payment is accepted, you should receive your I-797 receipt notice. Please download a copy of that notice to use if you need assistance with your OPT application.

Additional Considerations:

- You must submit your online OPT applications within 30 days of starting the application, or it will be deleted from the application system.
- The online form name fields allow for a maximum of 40 characters each. If any part of your name is longer than 40 characters, enter what you can in the About You section and write your full name in the Additional Information section.

Paper Form I-765 Instructions – OMB No. 1615-0040

Part 6- Page 7

Complete this section only if:

- You have been approved for CPT in the past
- You have been approved for OPT in the past
- You have used a different SEVIS ID in F-1 status in the US (for example, you attended school for a while, left the US to take a break from school, and returned with a new I-20, you would have a SEVIS ID from your first period of attendance that is different than your current SEVIS ID). Your SEVIS ID is on the top right corner of your I-20, and starts with N000...

If you need to complete this section because one or more of these apply to you, please complete item 1.

For each of the items listed above, complete one box in Part 6. We suggest using the following to complete the Page number, Part Number, and Item number, as this information is required specific to Category (c)(3)(B) (per the [I-765 instructions](#), page 4):

Page 3, Part 2, Item 27

- CPT: Please list your CPT approvals. We suggest this format: CPT Authorizations (as a title to the section). Employer Name; Start date – End date; Part-time or Full-time; Degree level (Bachelor's, Master's, or PhD). You can find your CPT details on the I-20 that was approved for each period of CPT.

- OPT: Please list your past OPT approvals. We suggest this format: OPT Authorizations (as a title to the section). Start date – End date; Degree level (Bachelor's, Master's, or PhD)
- Previous SEVIS ID's: Please list your other SEVIS ID's you have used in the past. We suggest this format: Previous SEVIS ID's (as a title to the section). SEVIS ID: N00....; program start date – program end date; Degree level (Bachelor's, Master's, or PhD).

Important Note: *As more information regarding these regulations arises, this handout may be updated and changed. It is recommended you check with your International Services Specialist for the most recent information.*

The student is responsible for making sure that the final OPT packet sent to USCIS includes the following:

Paper USCIS OPT Application Checklist:

	Completed form G-1145 (optional, if student would like text and/or email notifications of the case status updates)
	Check/money order for \$410.00 made out to U.S. Department of Homeland Security; or form G-1450 (for credit cards) * Always refer to USCIS's I-765 website for current Filing Fee information and to use the USCIS Fee Calculator
	Two passport photos (write full name and I-94 number in pencil on the back for identification purposes)
	Completed and signed current edition of Form I-765 (with copies of all past EAD cards, if applicable) * Always refer to USCIS's I-765 website for current Form Edition Date
	Copy of endorsed I-20 with OPT recommendation, DSO's signature and student's signature.
	If ever approved for CPT, copies of all previous I-20s with CPT approval (if applicable)
	Copy of valid passport, visa and I-94

Students should file the OPT application within *30 days* of the date ISSS enters the recommendation for OPT on the I-20. Failure to send in a timely manner will prevent students from receiving the EAD card. Student should make copy of the entire application for their records and keep the original signed I-20 with OPT recommendation.

Courier completed petition to address listed on the USCIS website:
<https://www.uscis.gov/i-765-addresses>

Please Note: Students should courier the application by FedEx, UPS, or DHS (**request a return receipt and tracking information**) so application can be tracked in case a Notice of Action (I-797) is not received within 45 days of posting it. See USCIS's website for further detail on [Direct Filing Addresses for Form I-765](#), including if sending application via USPS.

As of October 2, 2020 USCIS *may* start requiring "signature confirmation restricted delivery" for EAD cards that will require identification to be presented upon delivery.

ISSS staff do not have the legal authority to review or give advice regarding these applications. ISSS will continue to provide general instructions on completing Form I-765 and preparing documents for OPT application. We do not review your application in any detail. You are welcome to seek advice from an immigration attorney regarding your application.

SEVP POLICY GUIDANCE

Practical Training – Determining a Direct Relationship Between Employment and a Student's Major Area of Study

On September 27, 2019, Immigration and Customs Enforcement (ICE) issued new policy guidance regarding Optional Practical Training (OPT). The guidance impacts both F-1 students who apply for and utilize OPT as well as Designated School Officials (DSOs) who authorize OPT and manage their institution's F program.

- F-1 students applying for both 12-month OPT and a 24-month STEM OPT extension will need to provide a detailed explanation of how their OPT employment is directly related to their major area of study.
- DSOs are required to 1) review the explanation provided by students to ensure that there is a direct relationship between the OPT participant's job and major area of study; 2) obtain additional documentation from the OPT participant if necessary to determine a direct relationship, and 3) retain both the explanation and any additional documentation.

ICE recognizes that you may not yet have a job offer at the time you apply for OPT. You have two options to report your employment information to the Student and Exchange Visitor Program (SEVP) once you do find a job.

SEVP PORTAL

You may use the SEVP Portal to report details about your employment after OPT is granted by USCIS. For information about how to create your SEVP Portal account, please visit the following Study in the States website: <https://studyinthestates.dhs.gov/create-an-sevp-portal-account>.

The SEVP Portal includes fields where you can enter the employer name, start date, whether the position is full-time or part-time, and the employer address. All OPT participants must also provide a description of how their practical training opportunity related to their major area of study using the field entitled, "Relation to Field of Study: Explain how this job relates to the degree that qualified you for this OPT."

ISSS FORM

OPT participants may also report details about their employment directly to ISSS. Once USCIS grants your OPT, ISSS will send you a message instructing you to complete a form that includes fields to enter the employer name, start date, whether the position is full-time or part-time, the employer address, and a description of how your practical training opportunity relates to your major area of study.

EXPLAINING AND DOCUMENTING HOW YOUR JOB RELATES TO YOUR FIELD OF STUDY

Your goal is to show a logical explanation between the duties involved in the practical training opportunity and your major area of study.

Here are some sample explanations:

- **Bachelor's degree in Electrical Engineering:** I work full-time as an Electrical Engineer at ABC Corp., a government's contractor. In my job, I analyze client requirements for electrical systems and provide them with cost estimates of such systems. My work requires understanding of electrical circuit theory, which I studied in-depth at the University of XYZ.
- **Bachelor's degree in Business:** I work full-time as a Loan Officer at a mortgage company, Happy Homes, where I meet with clients and evaluate, authorize, and recommend approval of loan applications. I use the knowledge that I gained in my credit analysis, sales and marketing classes, which were part of my degree program, on a daily basis.
- **Master's degree in Kinesiology:** I work 25 hours per week in a health food store as a consultant for Self-Made, Inc., designing and teaching exercise classes that are incorporated into a customer's overall nutrition and exercise plan. My designs and customer instruction draw upon my studies and classwork in exercise therapy and physical reconditioning.

Below are examples of additional documentation that ISSS may request and that you should consider keeping in your personal records. You may be asked to provide evidence of the direct relationship between your studies and your OPT employment several years from now.

- 1) Detailed Job Description;
- 2) Degree Plan showing the required coursework to complete your degree;
- 3) Transcripts showing the courses you completed and the grades you received;
- 4) Course descriptions, and syllabi from your classes that provide details regarding learning objectives; and
- 5) Research papers, portfolios of work, or other evidence of projects completed.

WHAT IF I DON'T PROVIDE AN ADEQUATE EXPLANATION OR DOCUMENTATION?

- ISSS may not be able to issue you an I-20 authorizing OPT. Without this authorization, you won't be able to submit an application for OPT.
- The Student and Exchange Visitor Program may terminate your OPT and your F-1 status. Currently, SEVP is relying on Designated School Officials (DSOs) to determine if the explanation and documentation provided by students is adequate, but they can review this information at any time.
- You may be denied future immigration benefits, such as H1B or employment-based permanent residency, if it is later determined that your OPT should not have been authorized.

You should also be aware that the government may utilize a "crosswalk" website such as those maintained by the College Board, the Department of Labor, and the National Center for Education Statistics to confirm that your degree is a match for the job you are in. You'll find the College Board crosswalk website here - <https://bigfuture.collegeboard.org/majors-careers>. The potential issue with this is if the position that your major links to isn't a "specialty occupation" under the H1B regulations, your employer's request for H-1B status for you could be denied in the future. So, both you and your employer want to be aware of this potential issue and take some care with both the job title and the job description of your OPT position.